



**Bala Mandir Research Foundation**  
(Unit of Bala Mandir Kamaraj Trust)

cordially invites you to the

**S. Manjubhashini Memorial Seminar - 2019**

**'Learning Through Play In My Own Way'**

**A new parent/professional resource package  
to understand and enable a child's development**

**Date:** Saturday, 21st December, 2019

**Time:** 10.30 am to 12.30 pm

**Venue:** Bala Mandir Cultural Centre  
8, GN Chetty Road,  
T. Nagar, Chennai - 600 017

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### **Programme**

10.30 am	Prayer and Welcome Address
10.45 am	Overview of Bala Mandir Research Foundation
11.00 am	Introduction of 'Learning Through Play In My Own Way' by Ms. Usha Ramakrishnan <i>Consultant: Emotional Intelligences and Emotional Wellness (for Parenting, Teaching, Management and Leadership)</i>
11.30 am	Demonstration of Resource Package

## The 'Learning Through Play In My Own Way' Calendar, the 'Quadrant', the 'Oval' and the User Guide

Every child is born with a unique potential. This potential needs nurture and support to thrive and develop!

Children blossom and develop into well-rounded personalities only when ALL areas of development are considered and nurtured holistically.

The early years, birth to six, are periods of rapid development. Parents, caregivers and community workers play an important role in supporting and enabling development at every vital stage. They need information and skills to effectively carry out their role. This package comprising the 'Learning Through Play In My Own Way' calendar with the Quadrant, the Oval profilers and the 'Parenting the Child: Understanding and Enabling Development' user guide, *is inclusive of all children* and addresses these critical issues of child development.

The 'Learning through Play in My Own Way' Calendar is a resource for parents, caregivers and professionals, enabling them to discover enjoyable ways of nurturing their child at each stage of development.

The calendar represents pictorially, with simple, clear messages, a child's important developmental stages and needs, from birth to six years. It focuses on five domains of development: sense of self, physical skills, relationships, understanding and communication, represented in seven columns.

The five domains are segmented. This allows for an individual profile to emerge, where a child can be at different developmental levels in the different domains. The profile obtained enables attention to be focused appropriately on all the five areas of development.

*The Quadrant and Oval* profilers are uniquely designed. When filled with the help of the checklist provided, information regarding the child is available holistically, where strengths and abilities can be viewed along with difficulties / needs, to plan an effective parenting programme

The guide efficiently walks the user through this fascinating journey!

**Usha Ramakrishnan**

Chennai 2019